



Advanced Yoga Studies Program Schedule

It's a 10-day intensive program from July 9th-18th, 2010, plus 4 weekends in July and August. Schedule is as follows:

Friday	July 9 th	Noon - 7:45pm
Saturday	July 10 th	8:00am - 6:00pm
Sunday	July 11 th	9:00am - 6:00pm
Monday	July 12 th	8:00am - 7:30pm
Tuesday	July 13 th	6:00am - 8:30pm
Wednesday	July 14 th	7:30am - 6:00pm
Thursday	July 15 th	8:00am - 7:30pm
Friday	July 16 th	8:00am - 8:00am
Saturday	July 17 th	8:00am - 6:00pm
Sunday	July 18 th	8:00am - 6:00pm
Saturday	July 24 th	8:00am - 6:00pm
Sunday	July 25 th	8:00am - 6:00pm
Saturday	July 31 st	8:00am - 6:00pm
Sunday	August 1 st	8:00am - 6:00pm
Saturday	August 7 th	8:00am - 6:00pm
Sunday	August 8 th	8:00am - 6:00pm
Saturday	August 14 th	8:00am - 6:00pm
Sunday	August 15 th	8:00am - 6:00pm

Completion of the 30-hours of group facilitation is also necessary to receive your Joy's Angels' Wings!

"Empowering people to create their most Joyful lives through yoga!"